

Retrospective Study

The Outcome of Patients with Leukemia Presenting with Hyperleukocytosis Requiring Leukapheresis. The Experience of King Fahad Specialist Hospital in Dammam, Saudi Arabia

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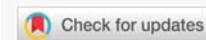
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Keywords: Hyperleukocytosis; Leukostasis; Leukapheresis; Acute leukemia; Chronic myeloid leukemia; Hematopoietic stem cell transplantation



Abstract

Background: Patients with acute and chronic leukemia presenting with hyperleukocytosis are at risk of developing leukostasis which has serious and life-threatening complications. Leukapheresis is usually performed to reduce the complications of leukostasis in patients presenting with hyperleukocytosis and clinical manifestations compatible with leukostasis.

Methods and materials: A retrospective study of patients with acute and chronic leukemia who received leukapheresis for hyperleukocytosis between the 1st of January 2013 and the 31st of December 2023 at King Fahad Specialist Hospital (KFSH) in Dammam, Saudi Arabia was performed.

Results: Over a period of 11 years, a total of 50 patients with acute and chronic leukemia presenting with hyperleukocytosis and clinical manifestations of leukostasis; 32 patients with acute leukemia (AL) and 18 patients with chronic myeloid leukemia (CML); received leukapheresis at our institution. Among the 32 patients with AL who received leukapheresis, 24 patients (75%) had acute myeloid leukemia (AML), 7 patients (21.88%) had acute lymphoblastic leukemia (ALL) and 1 patient (3.13%) had bilineage acute leukemia (BAL). At presentation of their AL: 3 patients (9.38%) had fever, 9 patients (28.13%) had infections, 4 patients (12.5%) had palpable spleen or liver, 6 patients (18.75%) had palpable external lymph nodes, and 9 patients (28.13%) had extramedullary disease (EMD). After receiving induction and consolidation cycles of chemotherapy, 11 patients (34.38%) of AL patients received allogeneic hematopoietic stem cell transplantation (HSCT). At the end of the follow-up, 17 patients (53.1%) with AL were alive while 15 patients (46.9%) were dead. The 8-year overall survival (OS) for all patients with AL subjected to leukapheresis was 47%. The 5 years OS for patients with AL who subsequently received HSCT and those who did not receive allogeneic HSCT were 70% and 40% respectively. The mean white blood cell (WBC) count of CML patients subjected to leukapheresis was $465.5 \times 10^9/L$, 11 patients (61.11%) had clear signs of leukostasis, and 8 patients (44.44%) had splenomegaly at presentation. Regarding the disease stage at presentation, 14 CML patients (77.78%) had chronic phase (CP), 2 patients (11.11%) had accelerated phase (AP) and 2 patients (11.11%) had blast phase (BP). Regarding the fate of CML patients at the end of the study were: 15 (83.33%) were alive, 1 (5.56%) dead, and 2 (11.11%) were unknown as they lost follow-up. However, the 10-year OS of patients with CML subjected to leukapheresis was 90%.

Conclusion: Patients with acute or chronic leukemia presenting with hyperleukocytosis and either ongoing or impending leukostasis should have urgent cytoreductive chemotherapy and leukapheresis to prevent life-threatening complications. Although the outcome of AL patients presenting with leukostasis is generally poor, prompt cytoreductive therapy and leukapheresis, followed by induction chemotherapy and allogeneic HSCT may improve the outcome. Also, urgent cytoreduction including leukapheresis improves the outcome of patients with CML presenting with hyperleukocytosis and leukostasis.

Introduction

AML, ALL, and CML are heterogeneous diseases that carry widely variable prognoses which depend on disease status and patient characteristics [1]. Nowadays, the standard first-line therapy is the combination of gemtuzumab ozogamicin or midostaurin with intensive chemotherapy for fit AML patients, and the combination of azacitidine and venetoclax for unfit patients [2]. The recent major advances in the management of AML include: new insights on the molecular pathogenesis, risk classification, technological progress in genomic diagnostics, use of measurable residual disease (MRD), and introduction of several novel therapies including isocitrate dehydrogenase (IDH) inhibitors; B cell leukemia/lymphoma-2 (BCL2) inhibitors; FMS-like tyrosine kinase 3 (FLT3) inhibitors; gemtuzumab ozogamicin; magrolimab; and menin inhibitors [3,4].

The recent incorporation of pediatric-inspired chemotherapeutic protocols in the treatment of adult patients with ALL resulted in improvement in the prognosis and decrease in the use of allogeneic HSCT [5]. The treatment of ALL has been revolutionized with the introduction of the following novel therapies: tyrosine kinase inhibitors (TKIs) targeting BCR/ABL1, monoclonal antibodies targeting CD20 such as rituximab, antibody-drug conjugates targeting CD22 including inotuzumab ozogamicin, bispecific antibodies such as blinatumomab, and CD19 chimeric antigen receptor (CAR) T-cell therapy [5-7]. Allogeneic HSCT is indicated in selected ALL patients as it offers a survival benefit [8]. Reduced intensity/non-myeloablative conditioning regimens have achieved outcomes comparable to total body irradiation (TBI)-based myeloablative conditioning (MAC) in older patients with ALL having positive Philadelphia chromosome in first complete hematological remission (CHR1) [9]. Also, the use of CD19 CAR- T cells have increased the response rate in patients with refractory or relapsed B-cell ALL [10].

The following TKIs have been introduced into the treatment of CML in the chronic phase (CML-CP): imatinib, dasatinib, bosutinib, and nilotinib [11,12]. Some CML patients progress to AP and BP which have a relatively poor prognosis [11]. The combination of ponatinib with intensive chemotherapy followed by allogeneic HSCT can achieve long-term survival in some transformed BP patients [11,13]. Therapeutic regimens including venetoclax in myeloid BP or inotuzumab ozogamicin or blinatumomab in lymphoid BP might result in deeper responses and bridge patients to allogeneic HSCT once a second CP is achieved [11].

The success of allogeneic HSCT, which is potentially curative for patients with AL, is limited by transplant-related mortality (TRM) [14,15]. The risk factors for early TRM include age, time from diagnosis to transplantation, number of prior transplantations, graft source, and prior iron chelation therapy [15]. In patients with leukemia,

treatment decisions, and prognosis depend on the patient's disease status and require accurate assessment of MRD [1]. Achievement of MRD negativity is associated with superior disease-free survival (DFS) and OS in patients with AML and is essential in pediatric and adult ALL patients [16,17]. Also, a large retrospective study showed that the presence of MRD with the persistence of FLT3-ITD or NPM1 variants in patients with AML prior to HSCT was associated with increased relapse rate and worse survival [18].

Methods and materials

A retrospective study of patients with acute and chronic leukemia who presented with hyperleukocytosis and leukostasis requiring leukapheresis between the 1st of January 2013 and the 31st of December 2023 at KFSH in Dammam, Saudi Arabia was performed. The medical records, and the clinical data as well as the laboratory data of all patients with leukemia (AML, ALL, and CML) who received leukapheresis at KFSH in Dammam, Saudi Arabia during the time period specified above were retrieved for analysis. During the study period, several patients with chronic lymphocytic leukemia (CLL) presented with hyperleukocytosis but none of them developed leukostasis requiring leukapheresis.

For AL patients presenting with hyperleukocytosis and leukostasis, the initial management consisted of cytoreductive chemotherapy, with corticosteroids for ALL patients and hydroxyurea and/or cytarabine for AML patients, in addition to leukapheresis followed by induction chemotherapy. For AML patients, the induction therapy consisted of daunorubicin or idarubicin plus cytarabine (3+7) regimen and mitoxantrone, etoposide, and cytarabine (MEC) salvage for patients with refractoriness to the first line therapy. For ALL patients, the induction therapy consisted of one of 3 protocols: Children's Cancer Group (CCG-1961); cyclophosphamide, vincristine sulfate, doxorubicin hydrochloride (adriamycin), methotrexate (Hyper-CVAD); and Berlin-Frankfurt-Münster protocol (BFM), while salvaging chemotherapy in the form of fludarabine, cytarabine, and idarubicin with or without granulocyte colony-stimulating factor (G-CSF) [FLAG-IDA and FLA-IDA] or Hyper-CVAD (for those who did not receive it as induction) was given for patients with refractory ALL.

The consolidation therapy was in the form of high-dose cytosine arabinoside (HiDAC) for standard-risk (SR) AML patients and in the form of consolidation followed by maintenance chemotherapy as per CCG-1961, Hyper-CVAD and BFM protocols of chemotherapy for SR-ALL patients. However, all high-risk (HR) AL patients were consolidated with allogeneic HSCT if they were transplant-eligible. Additional therapy was given with FLT3 inhibitors, rituximab, and TKIs for FLT3 mutations, CD 20 positivity and Philadelphia chromosome respectively.



For patients with CML, TKIs were commenced following cytoreductive therapy and leukapheresis and after confirming the diagnosis of CML with positive BCR/ABL transcript. Disease evaluation using clinical as well as laboratory parameters including BCR/ABL transcript was performed at regular intervals; initially monthly then 3 monthly and ultimately every 6 months throughout their follow-up. For those patients developing adverse effects related to one form of TKI therapy or failing to achieve the expected milestones, shifting to another line of TKI therapy was indicated.

In patients with leukemia presenting with hyperleukocytosis, established leukostasis was defined as having one or more of the following clinical manifestations: severe mental confusion, severe shortness of breath, and acute renal failure; while impending leukostasis was defined as having mild to moderate manifestations of leukostasis such as: fatigue, disorientation or mild mental confusion, chest tightness or mild shortness of breath, and acute renal dysfunction. Leukapheresis was usually commenced within a few hours of the arrival of patients to the emergency room after obtaining the results of complete blood count and peripheral blood film and inserting the appropriate central venous catheter in patients with AL or CML presenting with hyperleukocytosis and either ongoing or impending leukostasis.

Statistical analysis

The SPSS version 22 (SPSS Inc., Chicago, IL, USA) was used for the statistical analysis. The Kaplan-Meier method with a log-rank test was used to estimate the survival rates and to identify risk factors that influenced the treatment outcome. OS was defined as the duration from the day of diagnosis until death or the date of the last follow-up for live patients with AML, ALL, and CML.

Results

During the study period of 11 years, a total of 50 patients with acute and chronic leukemia; 32 patients with AL, and 18 patients with CML; presenting with hyperleukocytosis and either ongoing or impending leukostasis received leukapheresis at our institution.

Regarding the 32 patients with AL who received leukapheresis, there were 23 males and 9 females. Their ages ranged between 17 and 72 years with a mean age of 40.56 years. Twenty-four patients (75%) had AML (1 M0, 6 M1, 2 M2, 5 M4, 10 M5), 7 patients (21.9%) had ALL (4 B-cell type and 3 T-cell type) and only 1 patient (3.1%) had BAL. The mean WBC count at diagnosis was $376.9 \times 10^9/L$. Seventeen patients (53.1%) with AL (15 AML and 2 ALL) had established clinical and laboratory manifestations of leukostasis while 15 patients (46.9%) with AL (9 AML, 5 ALL, and 1 BAL) presented with hyperleukocytosis and impending leukostasis. The sites of leukostasis were: respiratory system

(RS) in 9 patients; central nervous system (CNS) in 6 patients; both RS and CNS in 1 patient; and RS, CNS, and kidneys in 1 patient. The number of sessions of leukapheresis ranged between 1 and 4 with a mean of 2.5 sessions per patient. At the presentation of their AL: 3 patients (9.38%) had fever alone, 9 patients (28.13%) had infections, 4 patients (12.5%) had palpable spleen or liver, 6 patients (4 AML and 2 ALL) patients (18.75%) had palpable external lymph nodes, and 9 (6 AML and 3 ALL) patients (28.13%) had EMD (Table 1). The involved EMD sites included: CNS, paranasal sinuses, retina, pleural cavity, lungs, kidneys, and skin. Six AML patients (3 M5, 2 M4, and 1 M1) and 3 patients with ALL (2 B-cell type and 1 T-cell type) had EMD at diagnosis. The number of EMD sites was as follows: 1 site in 7 patients (5 AML, and 2 ALL); 3 sites in 1 patient with T-cell ALL; and 4 sites in 1 patient with AML-M4 subtype. A total of 19 patients with AL had adverse cytogenetic abnormalities at presentation (Table 1). The adverse cytogenetic abnormalities and molecular mutations were as follows: FLT3 mutations in 10 patients [3 of them had additional nucleophosmin 1 (NPM1) mutation], mixed bilineage leukemia (MLL) mutation in 2 patients, Philadelphia chromosome in 3 patients, and complex cytogenetics in 2 patients. Eight patients with adverse cytogenetics received allografts while 11 other AL patients with adverse cytogenetics did not receive allogeneic HSCT (Table1).

Following induction therapy, 18 patients of AL (56.25%) achieved CHR with less than 5% bone marrow (BM) blasts, 10 patients (31.25%) achieved partial remission (PR) with 5% - 15% BM blasts, 3 patients (9.38%) had refractory disease, while no evaluation was done for 1 patient who died of sepsis before reaching day 28 of induction therapy. However, 8 AL patients developed infectious complications and sepsis and 3 of these patients needed intensive care unit (ICU) admission for inotropes or mechanical ventilation during the first cycle of chemotherapy. After the second cycle of chemotherapy for AL patients, 5 patients developed febrile neutropenia and 2 of them developed septic shock. All 10 patients who achieved

Table 1: Patients with Acute Leukemia Presenting with Hyperleukocytosis Subjected to Leukapheresis.

Features and Abnormalities	Patients Subjected to HSCT (11 patients)		Patients Not Subjected to HSCT (21 patients)	
	Number	Percentage	Number	Percentage
Fever and Infections at Presentation	6	54.55	7	33.33
Extramedullary Disease at Diagnosis	3	27.27	6	28.57
External Lymphadenopathy at Diagnosis	0	0.0	6	28.57
Abdominal Organomegaly at Diagnosis	2	18.18	1	4.76
Adverse Cytogenetics at Diagnosis	8	72.73	11	52.38
Status at the End of the Study (Alive or Dead)	Alive: 8 Dead: 3	72.73 27.27	Alive: 9 Dead: 12	42.86 57.14

HSCT: Hematopoietic Stem Cell Transplantation

PR after the first cycle of chemotherapy had CHR after the second cycle of chemotherapy [8 with negative MRD and 2 with positive MRD].

After receiving induction and consolidation cycles of chemotherapy, 11 patients (34.38%) with AL (7 AML, 3 ALL, and 1 BAL) subsequently received allogeneic HSCT (Tables 1,2). The conditioning therapy was myeloablative in 8 patients and reduced intensity in 3 patients. Peripheral blood was the source of stem cells in all patients subjected to HSCT. Regarding the disease status before HSCT, 8 patients were in the first CHR, 2 patients were in the second CHR, and 1 patient received sequential therapy as he had refractory disease. Pre-transplant MRD was negative in 8 recipients of HSCT. Allogeneic HSCT was successful in 9 recipients and unsuccessful in 2 transplant recipients including one patient who received sequential therapy. The complications encountered in allograft recipients were as follows: mucositis in 7 patients, hemorrhagic cystitis in 2 patients, acute graft versus host disease (GVHD) in 6 patients (4 gastrointestinal tract and 2 skin), chronic GVHD in 4 patients, and various infectious complications in 10 patients: 5 bacterial, 4 cytomegalovirus and 1 fungal infection (Table 2). At the end of the follow-up, 17 patients (53.1%) with AL were alive while 15 patients (46.9%) were dead. The 8-year OS for all patients with AL subjected to leukapheresis was 47% (Figure 1). The 5 years OS for patients with AL who subsequently received HSCT and those who did not receive allogeneic HSCT were 70% and 40% respectively (Figure 2). At the end of the study, 72.73% of patients with AL subjected to HSCT were alive while 42.86% of AL patients not subjected to HSCT were alive (Table 1).

Regarding the 18 patients with CML who received leukapheresis, 12 were males and 6 were females and their ages ranged between 19 and 70 years with a mean age of 36.6 years. All CML patients presented with very high WBC counts with a mean WBC count of $465.5 \times 10^9/L$,

16 patients (88.89%) presented with anemia, while only 3 patients (16.67%) had thrombocytopenia at presentation. Eleven patients (61.11%) of CML patients had clinical manifestations of leukostasis with 5 in the brain, 3 in the lung, and 3 in other sites including kidneys, while 7 patients had hyperleukocytosis with impending leukostasis (Table 3). The number of sessions of leukapheresis ranged between 1 and 5 with a mean of 2.7 sessions per patient. Sixteen CML patients required hydroxyurea alone as cytoreductive chemotherapy while 2 patients required hydroxyurea plus steroids or hydroxyurea plus intravenous cytosine arabinoside for lymphoid and myeloid BP respectively. All CML patients had positive Philadelphia chromosomes with t 9,22 confirmed in all cases. P210 of BCR/ABL transcript was confirmed in 16 patients with CP and 1 patient with myeloid BP of CML, while p190 of BCR/ABL was positive in 1 patient with lymphoid BP. Regarding the disease stage at presentation, 14 CML patients (77.78%) had CP, 2 patients (11.11%) had AP and 2 patients (11.11%) had BP. Three patients (16.67%) had fever at

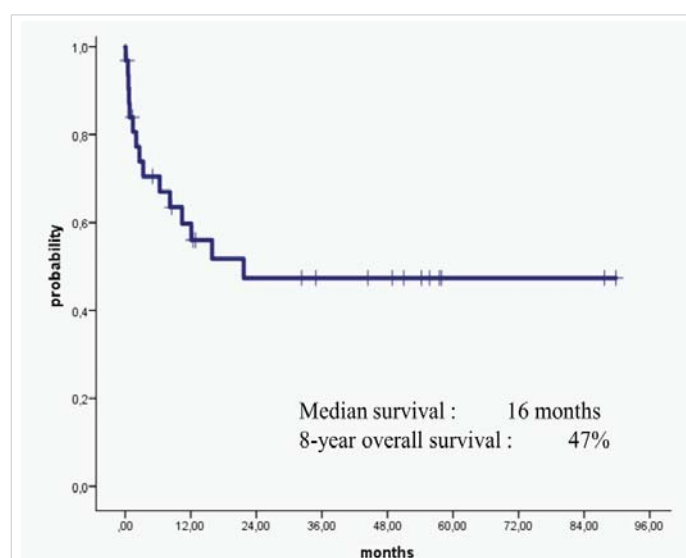


Figure 1: Overall Survival for Acute leukemia patients.

Table 2: Data of the patients with acute leukemia subjected to hematopoietic stem cell transplantation (HSCT).

Disease and HSCT Features	Details	Specific Details
Primary disease	Acute myeloid leukemia (AML): 8 (72.73%) Acute lymphoblastic leukemia (ALL): 2 (18.18%) Bilineage acute leukemia: 1 (9.09%)	5 AML-M5; 1 AML-M4; 1 AML-M1; 1 AML-M0; 2 B-ALL; 1 T-ALL
Type of HSCT	Sibling allogeneic: 9, Haploidentical HSCT: 2	Sibling donor: 81.82% Haploidentical donor: 18.18%
Conditioning Therapy	Myeloablative: 8, Reduced intensity: 3	Myeloablative conditioning: 72.73% Reduced intensity conditioning: 27.27%
Disease Status before HSCT	First complete hematological remission (CHR1): 8 (72.73%) Second complete hematological remission (CHR2): 2 (18.18%) Refractory disease: 1 (9.09%)	CHR1 with no measurable residual disease (MRD): 7 CHR1 with MRD: 1 CHR2 with no MRD: 2
Post-HSCT Complications	Acute graft versus host disease (GVHD): 6 (54.55%) Chronic GVHD: 4 (36.36%) Mucositis; grades: I to III: 7 (40.5%) Hemorrhagic cystitis: 2 (18.18%) Veno-occlusive disease of the liver: 0 Infections: 10 (90.9%)	Acute GVHD: 4 gastrointestinal tract; 2 skin Chronic GVHD: all more than 1 organ Infections: Bacterial: 5 Cytomegalovirus: 4 Fungal: 1
Outcome at end of follow-up	Alive: 8 (72.73%) Deceased: 3 (22.27%)	Causes of death: Disease progression: 1 Sepsis and infections: 2

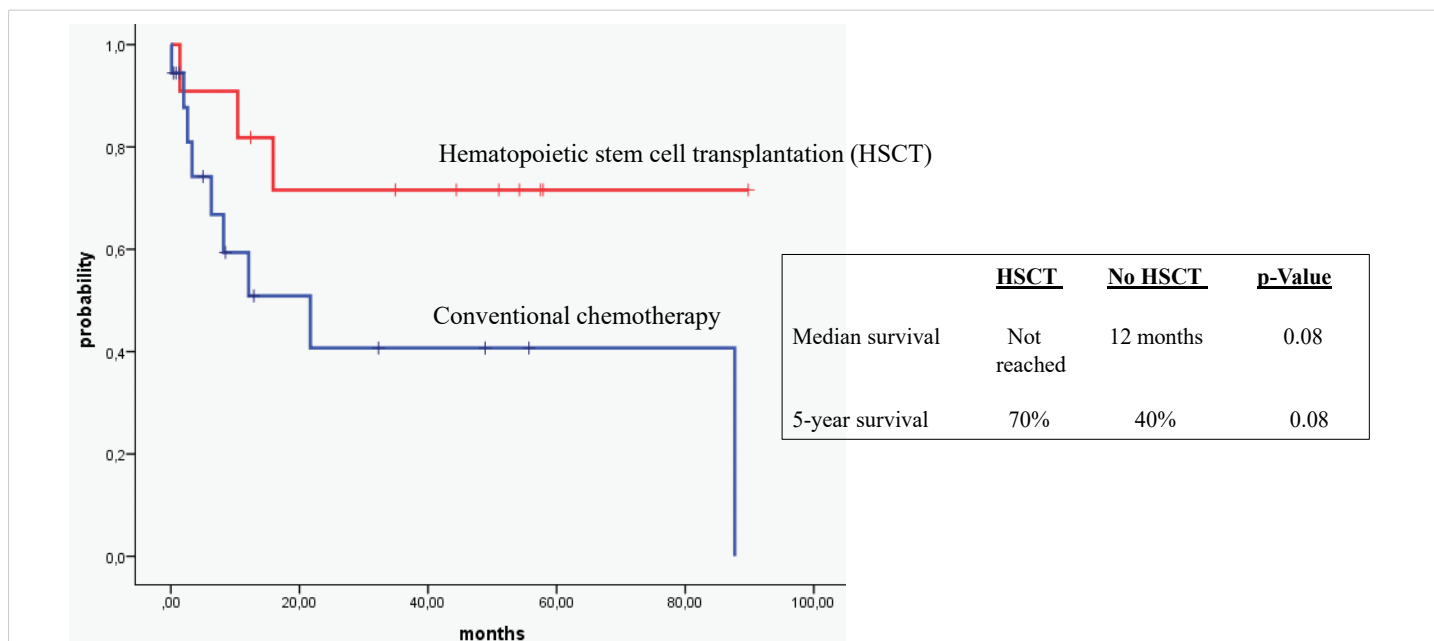


Figure 2: Overall survival for patients presented with leukocytosis according to type of consolidation.

Table 3: Data of Patients with Chronic Myeloid Leukemia Presenting with Hyperleukocytosis Subjected to Leukapheresis.

Features and Abnormalities	Numbers	Percentages and Details
Stage of Disease at Diagnosis	Chronic Phase (CP): 14 Accelerated Phase (AP): 2 Blast Phase (BP): 2	CP: 77.78% AP: 11.11% BP: 11.11%
Blood Counts at Presentation	High WBC count in all patients; Mean WBC count: 465.5 Hemoglobin: Normal in 2 patients; Low in 16 patients Platelet (PLT) Count: Normal in 15 patients; Low in 3 patients	Very high WBC: 100% Anemia: 88.89% Low PLTs: 16.67%
Clinical Manifestations at Presentation	Splenomegaly: 8; Fever: 3 External lymphadenopathy (LAP): 2 [in patient with lymphoid BP] Extramedullary disease (EMD): 1 [the patient had CP] Fatigue: 1; Weight loss: 1	Splenomegaly: 44.44%; Fever: 16.67% External LAP: 11.11% EMD: 5.56% Fatigue: 5.56%; Weight loss: 5.56%
Established or Ongoing Leukostasis at Diagnosis	Present in 11 patients Sites: brain: 5; Lung: 3; Other sites including kidneys: 3	Leukostasis present in 61.11% Brain: 27.78%; Lungs: 16.67% Other sites: 16.67%
Additional Cytoreductive Chemotherapy	Needed in all patients Hydroxyurea (HU): 16 patients HU + Corticosteroids: 1 patient HU + intravenous cytarabine: 1 patient	100% of patients needed cytoreduction with leukapheresis. HU alone: 88.89% HU + Other agents: 11.11%
Cytogenetic Abnormalities at Presentation	All patients had Philadelphia (Ph) chromosome (t 9,22) BCR/ABL p210: 17 patients [16 CP and 1 Myeloid BCC] BCR/ABL p190: 1 patient with lymphoid BCC t 1,20 in 1 patient with CP	+ Ph chromosome: 100% BCR/ABL p210: 94.44% BCR/ABL p190: 5.56% t 1,20: 5.56%
First-line Tyrosine Kinase Inhibitor (TKI) Therapy	Imatinib: 10 Dasatinib: 5 Nilotinib: 2	Imatinib: 55.56% Dasatinib: 27.78% Nilotinib: 11.11%
Level of BCR/ABL Transcript at Last Follow-up	< 0.1%: 7 patients; 0.1-10%: 2 patients > 10%: 6 patients; 100%: 1 patient Not Done: 2 patients	< 0.1%: 38.89%; 0.1% -10%: 11.11% > 10%: 33.33%; 100%: 5.56% Not Done: 11.11%
Status at the End of the Study (Alive or Dead)	Alive: 15 patients Deceased: 1 patient Unknown: 2 (moved to other institutions)	Alive: 83.33% Deceased: 5.56% Unknown: 11.11%

HSCT: Hematopoietic Stem Cell Transplantation; WBC: White Blood Cell

diagnosis, 8 patients (44.44%) had splenomegaly, and only 1 patient (5.56%) had EMD at presentation (Table 3). The first line TKI therapy was imatinib in 10 patients, dasatinib in 5 patients, and nilotinib in 2 patients while interferon was given to 1 CML patient. The second line of TKI therapy was needed in 10 out of 18 patients. TKI therapies were complicated by: cytopenias in 6 patients, pleural effusions in 3 patients, and

skin eruptions in 1 patient. None of the patients with CML-CP required allogeneic HSCT, while the 2 patients with BP had successful allografts. The levels of BCR/ABL transcripts at the end of follow-up at our institution were as follows: < 0.1% in 7 patients, 0.1% - 10% in 2 patients, > 10% in 6 patients, 100% in 1 patient, and unknown in 2 patients who moved to have treatment at other institutions (Table 3). Regarding

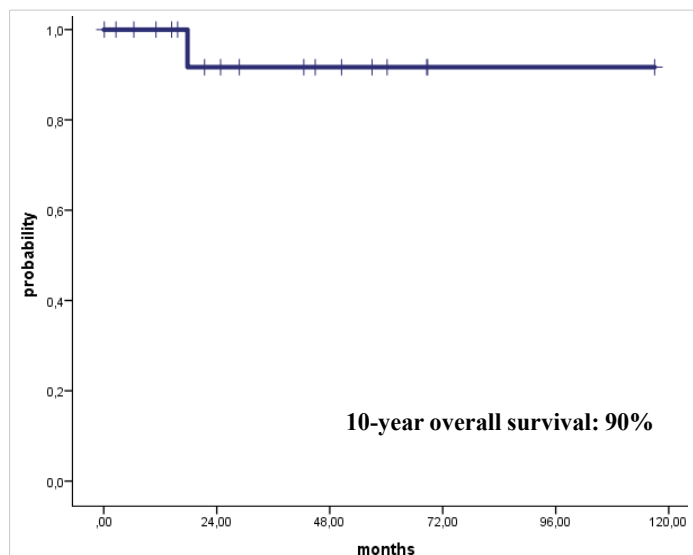


Figure 3: Overall Survival for CML Patients.

the fate of CML patients at the end of the study were: 15 (83.33%) alive, 1 (5.56%) dead, and 2 (11.11%) unknown as they lost follow-up (Table 3). The 10-year OS of patients with CML subjected to leukapheresis was 90% (Figure 3).

Discussion

Hyperleukocytosis, which is caused by leukemic cell proliferation, is a laboratory abnormality that is commonly defined by a WBC count $> 100 \times 10^9 / L$ [19-22]. The risk factors for hyperleukocytosis include (1) certain hematologic malignancies including (a) AML, particularly myelomonocytic or monocytic/monoblastic morphology and micro granular variant of acute promyelocytic leukemia (APL); (b) ALL, particularly T-cell subtype; (c) CLL; (d) CML, particularly in AP or BP; (2) specific cytogenetic abnormalities including 11q23 rearrangements, inversion 16, FLT3-internal tandem duplication (ITD), and presence of the Philadelphia chromosome; (3) male gender; (4) younger age groups; and (5) huge splenomegaly [19,22,23]. Two main pathogenetic factors are responsible for the development of hyperleukocytosis: (1) rapid blast proliferation leading to a high leukemic tumor burden; and (2) disruption in normal hematopoietic cell adhesion leading to a reduced affinity to the BM [19]. In our study, hyperleukocytosis was encountered in 24 patients (48%) with AML, 18 patients (36%) with CML, 7 patients (14%) with ALL, and 1 patient (2%) with BAL. In patients with AL, 19 patients (59.4%) had adverse cytogenetic abnormalities including FLT3 mutation, MLL, Philadelphia chromosome, and complex cytogenetics. Splenomegaly was encountered in 11 patients (22%), 8 patients with CML and 3 patients with AL. The mean WBC count at diagnosis was $376.9 \times 10^9/L$ and $465.5 \times 10^9/L$ for patients with AL and CML respectively.

The most common clinical features of hyperleukocytosis include (1) neurological manifestations such as headache,

confusion, lethargy, dizziness, blurred vision, ataxia, papilledema, retinal hemorrhage and intracranial hemorrhage; (2) respiratory features including tachypnea, dyspnea, hypoxia, pulmonary infiltrates and respiratory failure; (3) renal manifestations such as acute renal failure; (4) metabolic abnormalities as part of tumor lysis syndrome (TLS); (5) disseminated intravascular coagulation (DIC) and coagulopathy; and (5) involvement of other systems such as congestive heart failure, myocardial infarction, peripheral vascular occlusion, priapism, and multisystem failure [22,24,25]. The main complications of hyperleukocytosis include (1) leukostasis; (2) DIC; and (3) TLS [19,22,26]. However, the complications of leukostasis include (1) hyperviscosity syndrome; (2) vascular occlusion causing intracranial hemorrhages and respiratory failure; and (3) perivascular leukemic infiltrates [27]. The risk of pulmonary leukostasis, which is one of the most common life-threatening complications in patients with hyperleukocytosis, is higher in myeloid leukemia with WBC counts greater than $100 \times 10^9/L$ [28]. In the lung, the clinical presentation simulates infections and hemorrhagic complications of acute leukemia [29]. The only diagnostic test to confirm the presence of pulmonary leukostasis is lung biopsy. Hence, a high level of clinical suspicion should be maintained and early cytoreduction with leukapheresis and chemotherapy should be initiated [30]. Being a medical emergency, early recognition of leukostasis and initiation of therapy prevents mortality [29]. Definitive treatment of pulmonary leukostasis is still controversial. However, early detection and treatment by cytoreduction may improve outcomes [28]. In our study, 28 patients (56%) had ongoing leukostasis (12 in lungs, 11 in CNS, and 5 in other organs) while 22 patients (44%) had impending leukostasis. All our 50 leukemia patients had leukapheresis and the mean numbers of leukapheresis sessions performed per patient were 2.5 for AL and 2.7 for CML patients.

Management of hyperleukocytosis consists of: (1) treatment of leukostasis that includes cytoreduction with leukapheresis, induction chemotherapy, hydroxyurea, and targeted agents against endothelial adhesion; (2) treatment of TLS with supportive and prophylactic treatment with intravenous (IV) fluids, allopurinol and rasburicase; and (3) treatment of DIC that includes supportive and prophylactic treatment with (a) transfusion of platelets, fibrinogen, fresh frozen plasma, and packed red blood cells, and (b) administration of recombinant thrombomodulin, recombinant activated factor VIIa, and antithrombin or activated protein C [19,22,26]. A retrospective study that included 47 pediatric patients having AL and presenting with hyperleukocytosis showed that repeated small-volume exchange transfusion is effective and safe [31]. Exchange transfusion or leukapheresis together with conservative management and specific oncological therapy may contribute to rapid leukocyte reduction with acceptable risk [32]. In our study, all patients received cytoreductive chemotherapy in



addition to leukapheresis and supportive measures including allopurinol, and IV fluids for hydration and correction of electrolytic disturbances. The initial cytoreductive chemotherapy was in the form of corticosteroids for ALL patients, hydroxyurea with or without cytarabine for AML patients, and hydroxyurea alone for CML patients. However, a few of our patients whose clinical condition was critical received their leukapheresis and initial therapies in the ICU.

Leukapheresis is performed using apheresis equipment to separate leukocytes from peripheral blood while at the same time, it returns autologous plasma, platelets, and erythrocytes to the patient. It is applied clinically for the treatment of hyperleukocytosis by rapidly removing excessive leukocytes and correcting metabolic abnormalities in addition to alleviating the symptoms of leukostasis [33]. Several studies have shown that the procedure is generally safe and well-tolerated [33-35]. In patients with leukemia presenting with hyperleukocytosis, studies have shown that although leukapheresis can rapidly reduce the elevated WBC count and result in symptomatic relief, it did not improve short-term or long-term survival [27,36-38]. Additionally, 3 systematic reviews and meta-analyses that included 45 studies in patients with leukemia presenting with hyperleukocytosis confirmed that the use of leukapheresis had no effect on short-term or long-term survival [26,39,40]. Hence, leukapheresis should be offered to patients having clinical manifestations of leukostasis but routine performance of prophylactic leukapheresis is not recommended [26,37]. However, several other studies have shown the effectiveness of leukapheresis in reducing the high WBC counts in children and adults; reducing early mortality due to hyperleukocytosis; and improving OS of patients particularly when leukapheresis is combined with cytoreductive therapy using drugs such as hydroxyurea and cytosine arabinoside [33-35,41-45]. Recently, leukapheresis has become one of the most effective adjuvant therapies in treating hyperleukocytosis and studies have shown the efficacy of leukapheresis even when used prophylactically in preventing the evolution of complications such as leukostasis and in reversing the negative impact of high leukemia burden achievement of disease remission later on [33,41,42,45]. Early and sudden deaths have been reported not only in patients with AL but also in patients with CML presenting with hyperleukocytosis and leukostasis in the absence of prompt leukapheresis [46-52]. In our study, no adverse effects or deaths were encountered due to leukapheresis per se. Despite having HR disease features in the majority of patients and encountering few patients with critical clinical conditions at diagnosis, only 1 early death before day 28 of induction therapy for AL was encountered and the patient died in ICU due to complications of AL and its therapy.

Several studies in pediatric and adult patients with AL have shown that hyperleukocytosis is associated with inferior OS due to evolution of major complications of

leukostasis, TLS, and DIC [25,33,36,41,43]. In patients with AML, hyperleukocytosis is an independent poor prognostic factor irrespective of cytogenetics and mutation status as it is associated with increased relapse rate, decreased leukemia-free survival, and inferior OS [53,54]. However, allogeneic HSCT in patients with AML can significantly improve the poor outcome of hyperleukocytosis [53-55]. The long-term outcomes of our leukemia patients subjected to leukapheresis were as follows: the 8-year OS for patients with AL patients was 47% while the 10-year OS for patients with CML was 90%. However, subgroup analysis showed that receiving allogeneic HSCT made a large difference in the long-term survival in patients with AL subjected to leukapheresis as the 5 years OS for recipients of HSCT was 70% while that for patients who did not receive allografts was 40%.

Despite including a relatively large number of patients in our study and that the study extended over 11 years, we acknowledge that retrospective studies have their own limitations.

Conclusions and recommendations

Patients with AL and CML presenting with hyperleukocytosis should be regarded as HR patients. Consequently, Leukapheresis should be urgently performed in patients having clinical manifestations consistent with either ongoing or impending leukostasis and surviving patients with AL should be offered allogeneic HSCT after control of their disease. Adding cytoreductive chemotherapy to the initial therapy and incorporating novel therapies later on during the course of the disease is essential to reduce or prevent the complications of leukostasis and to improve not only the short-term but also the long-term outcome of patients with leukemia presenting with hyperleukocytosis. It is difficult to perform prospective multicentre and randomized clinical trials in patients with acute and chronic leukemia presenting with leukostasis to determine the efficacy of leukapheresis.

Authors' contributions

All authors participated in the management of the patients included in the study. Also, all authors read and approved the final form of the manuscript.

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